

Welcome to the Frostbite Rugby Tournament

Hosted by HRFC and Lancaster Roses AC

Please share the following information with your team.

This info can also be found on our tournament website:

<http://www.hempfieldsoccerclub.org/Frostbite/index.htm>

Welcome

It is our pleasure to welcome your team to the Frostbite Tournament.

Included in this document you will find information regarding:

- All paperwork requirements for team check-in and on-site registration
- Schedules
- Local hotel information
- Pre-ordering tournament t-shirts
- On-site vendors
- On-site food service
- Directions/Maps
- Venue amenities

Requirements for team registration:

Registration will be held on Saturday, Feb 25, from 7-9:00am at the tournament headquarters located in the Landisville Middle School Cafeteria. (see attached map)

Each team must be registered with a regional rugby association affiliated with USARFU and present the following documents at registration one hour prior to their first game:

- A copy of the team's CIPP approved roster to be turned in at registration
- Each player and coach must be CIPP'd prior to the start of the tournament. Any team fielding an ineligible player will be disqualified and automatically forfeit their tournament fee
- Medical release documents for each player must be shown at registration and coaches must have these in their possession during the games
- Please note: a player may compete for only one team in the tournament
- All teams are responsible for their own insurance
- In case of accident or injury while traveling to or from and during the tournament, the Hempfield Soccer Club, Nightmare RFC, Lancaster Roses AC, Hempfield School District, and their Executive Boards, or any teams participating in the tournament, will not be held liable
- All teams must provide team release forms at registration and have them in their possession at the tournament site during matches (see website for form)
- Please review and print tournament rules to bring with you. They can be found on our website

Schedules

Schedules will be posted online **Feb 10** and are subject to change. Please check the website for any changes prior to leaving for the tournament. The tournament will not be responsible for failure to show for a scheduled match. All schedule changes will be posted online and the dates of the changes will be prominently noted.

Weather issues will also be posted on the website. Please check the website for weather related updates.

Hotels

All teams requiring hotel/motel accommodations are required to book rooms through the service listed on the lodging page. Any team found booking rooms on an individual basis or outside of this service will risk acceptance to or ejection from the Tournament.

Hotel accommodations must be booked through our website and the service below:



Tournament T-shirts

Tournament t-shirts may be pre-ordered by midnight on **Feb 16th** online via our tournament website. It is advised to pre-order shirts as there will be a limited number available. Please visit our website and click on the t-shirt link. Your team name will be listed and orders may be placed by individuals or as a team. Credit cards are accepted. Pre-ordered t-shirts will be bagged and labeled and may be picked up at team registration.



Pre-orders must be placed via the tournament website – Ordering opens Feb 3:
<http://www.hempfieldsoccerclub.org/Frostbite/index.htm>

Vendors

The Frostbite Tournament is pleased that ballsoutrugby.com will be a vendor on-site and selling the most current offerings for the rugby enthusiast! Be sure to check out the latest rugby apparel and gear! They will be located at tournament headquarters in the Landisville Middle School cafeteria.



Food Concessions

Stay warm and enjoy between game meals, snacks or beverages on site in the warmth of the headquarters cafeteria. There is something to please all hungry rugby players and spectators!

Below you will find a menu of the offerings available:

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FROSTBITE RUGBY SPECIALS

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|---|---------|
| "The Maul" – Cheeseburger, chips, drink, cookie | \$ 4.50 |
| "The Scrum" – Hot Dog, chips, drink, cookie | \$ 3.50 |
| "The Nightmare" – Pizza, chips, drink, cookie..... | \$ 3.50 |
| "The Hooker" - Walking Taco, drink, cookie..... | \$ 3.50 |

ALA CARTE MENU

| | |
|---|---------|
| Sausage Egg & Cheese Biscuit..... | \$ 1.50 |
| Bowl of Chili | \$2.00 |
| Cheeseburger..... | \$ 2.50 |
| Pizza..... | \$ 2.00 |
| Hot Dog..... | \$ 1.50 |
| Walking Taco..... | \$ 2.50 |
| Soft Pretzel..... | \$1.00 |
| Chips..... | \$ 0.75 |
| Bagels, muffins | \$1.25 |
| Fruit | \$.50 |
| Cookies..... | \$.50 |
| Beverages (Coffee, Hot Chocolate, Water, Soda Gatorade) | \$ 1.00 |

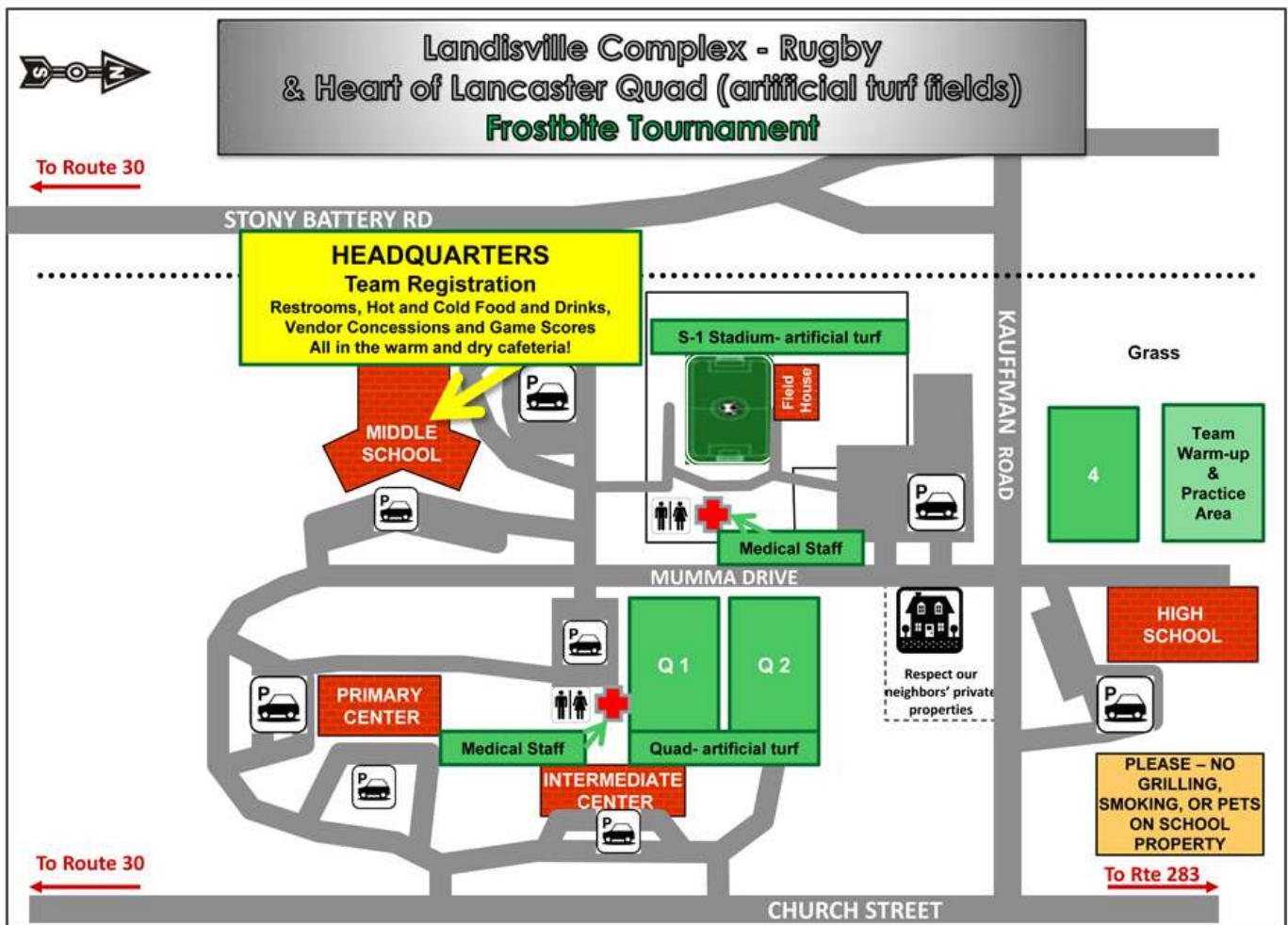
Directions and Venue Maps

For GPS purposes use the following address: 340 Mumma Drive, Landisville, PA 17538

From Route 30 East: Take Route 30 west to the Route 283 intersection. Bear LEFT and take Route 283 west approx. 3.3 miles to the LANDISVILLE -Route 722 Exit. At top of ramp, turn LEFT on State Road. Cross Route 283, and turn right at stoplight onto Yellow Goose Rd. Turn right on Harrisburg Pike and go approx. 1.1 miles to Landisville. Turn left on Church Street (2nd stoplight) and go to the Landisville School complex on the right.

From Route 283 West: Follow Route 283 to Lancaster. Take LANDISVILLE -Route 722 Exit. At top of ramp, turn right on State Road. Follow above directions to the Landisville School fields.

From Route 30 West: Follow Route 30 east to Lancaster. Take MOUNTVILLE Exit. At top of ramp, turn LEFT onto Stony Battery Road. Stay on Stony Battery Road for about 2.25 miles. At 2nd stoplight, turn RIGHT on Church Street. Take Church Street approx. 1.5 miles to the Landisville School complex on the left.



GPS Address: 340 Mumma Drive, Landisville, PA 17538

Venue Amenities

Knightmares Rugby FC is excited to host your team and we want you to have a great rugby experience as our guests. Please know, we are happy to provide information and assistance as needed. Please visit tournament headquarters to meet our staff.

We hope you find this to be a fun and competitive opportunity for pre-season work in a tournament atmosphere, get game experience for your new players and shake-out the wrinkles for your veteran players. Be ready for your Spring Season!

- All games played on artificial turf
- All fields are close in proximity creating a true tournament atmosphere
- Practice and team meeting areas for game prep
- On site medical staff – certified ATC's
- Headquarters for tournament is indoors – warm and dry cafeteria with hot and cold food, concessions, scores, restrooms and gathering place for team
- Friendly and helpful tournament staff to answer all of your questions and provide assistance where needed

Please don't hesitate to contact me if you have questions before the event.

Thank you!

Tom Hallowell

Rugby Director, Knightmares Rugby FC

Email: RugbyDirector@hempsoccerclub.org

Special thanks to the Roses Athletic Club for providing field marshals for the event.

