



## Hempfield Soccer Club's Recreational Program

**Hempfield Soccer Club's Rec Program** provides kids in Grades 3 – 12 the opportunity to further develop their skills in a progressive program developed by our Academy Director and to participate in league play within Lancaster County. This program builds on the fundamentals learned in the Academy and teaches players about sportsmanship and teamwork.

U10 thru U19 teams will be grouped age and/or grade appropriately regardless of experience. Teams will play against other same age group Hempfield Soccer Club teams and other Clubs' teams within a close proximity. Individual player development remains the focus at all levels of this program. Instruction also includes tactics and team concepts. Coaches provide the opportunity for players to play and learn a variety of positions.

The composition of teams may be revised after the fall season, depending on the number of players who sign up, the ability of those players and the number of volunteer parent coaches. The focus of the program remains on player development, rather than team building.

League games are held on Saturdays (boys) and Sundays (girls) at various venues in Lancaster County. Two 90-minute weeknight practices are held on the days selected by the volunteer parent coach (a great way to select your child's practice nights is to become a volunteer coach – training and materials are provided). The program is open to all players without residency restrictions.

Players will need a size 4 (U10/12) or size 5 (U14 and up) soccer ball, shinguards and water. A custom jersey and soccer socks are provided for use through the entire year (fall and following spring seasons).

### **HSC Recreational U10 - U19 Program Information for Spring 2011:**

- Coaches are to contact players by March 11, 2011
- Optional practices may begin the week of March 14, 2011
- Practices start the week of March 21, 2011
- Games begin April 2/3, 2011

Specific details regarding program dates and times are provided on the Recreational Program registration page at [www.hempfieldsoccerclub.org](http://www.hempfieldsoccerclub.org).